


Week
49


MENU




Monday: Chicken drumsticks, pommes duchess and green beans
Falafel

Tuesday: Macaroni, chicken pesto and salad
Vegetarian sauce 

Wednesday: Omelet, red sauce, noodles and broccoli 

Thursday: Sausage , potato wedges and white beans in tomato sauce.
Vegetarian sausage 

Friday: Fish fingers, rösti and carrots and peas
Veggie fishsticks 

** All meals will be served with a piece of fruit and a cup of herbs/fruit water.*






MENU




Monday:

Chicken schnitzel, potato and cauliflower

Vegetarian schnitzel 

Tuesday:

Fusilli carbonara with mixed veggies

Vegetarian sauce 

Wednesday:

Omelet with rösti and spinach

Thursday:

Smoked sausage, potatoe slices and white beans in tomato sauce

Vegetarian sausage 

Friday:

Pancakes 



** All meals will be served with a piece of fruit and a cup of herbs/fruit water.*




MENU



Monday:

Chicken, mashed potatoes and broccoli

Vegetarian nuggets 


Tuesday:

Penne bolognese with peas

Penne with Vegetarian sauce 

Wednesday:

Chili con Carne with rice

Chili sin carne 


Thursday:

Meatball with baby potatoes and mixed veggies

Vegetarian meatballs 

Friday:

Hamburger on a bun with fries and salad

Vegetarian burger 



** All meals will be served with a piece of fruit and a cup of herbs/fruit water.*