



Monday: Chicken skewer, potato, green beans

Vegetable skewer

**Tuesday** Macaroni with meatballs in tomato sauce, peas and carrots

Vegetarian meatballs in sauce

Wednesday: Chili con carne with basmati rice

Chili sin carne

Omelet with mashed potatoes and spinach ala creme 😯 Thursday:



**Friday:** Beef burger on a bun with fries and salad

Vegetable burger

<sup>\*</sup> All meals will be served with a piece of fruit and a cup of herbs/fruit water.





Monday: no school

Tuesday: Penne Bolognaise with garlic bread

Vegetarian sauce

Wednesday: Fish schnitzel, potato crouqets and whit beans in tomato sauce

Vegetarian schnitzel

Thursday: Dutch smoked sausage, mashed potatoes and carrots

Vegetarian sausage

Friday: Chicken nuggets with fries

Vegetarian nuggets

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<sup>\*</sup> All meals will be served with a piece of fruit and a cup of herbs/fruit water.